

BE FREE

WITH DANIELLE STRICKLAND

Free at Last!

APPETIZER: I Dreamed a Dream

The inability to even imagine freedom is one of the signs of oppression taking hold. The enslaved Israelites found it difficult to imagine themselves outside of Egypt.

- Can you imagine your life/family/community free? What does that look like? Start dreaming together.

For Freedom to come, something has to change.

- A disruption
- An action
- A declaration of intent

What do you have to do to begin the journey towards freedom?

DINE IN: Stay Free

Fear is the currency of oppression. Exodus 1 describes Pharaoh oppressing the Israelites because he was afraid of them.

Galatians 5:1

Steps to Freedom:

1. Believe it's possible
2. Don't be afraid
3. Start now. Start with you
4. Never ever ever give up

TAKE OUT: Never Give Up

Freedom is a life long journey – and sometimes we can grow weary. We can learn how to never give up by looking to Jesus.

Hebrews 12

- Is there an area of your life you are simply tired of trying to be free in?

I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

Philippians 1:6

NEXT WEEK: Jesus, Jonah & Us – with Karmyn and Jimmy

Home Church Questions

HANGOUT [Warming Up to the Topic – in one Large Group]

1. What stood out to you from Danielle's sermon? Share any lingering questions and reflections with the larger group.

HEAR [Listening to God through Scripture – in Discussion Groups]

2. Read **Galatians 5**.
 - a. What verse or idea stands out to you?
 - b. Paul in **verse 2** tells the Galatians that the value of Jesus is negated when we live in enslavement plus Jesus. Read and discuss the reason Paul gives for this in **verse 16-18**.
 - c. Paul is teaching the Galatians that they are free from the law, and therefore free from practices like circumcision. Can you think of some things that are oppressing you now? Belongings? Thoughts? Systems? Substances? Read the list that Paul uses in **verse 19-21**. What is enslaving about these behaviors?
 - d. Have you been set free from a specific oppression? Share how that happened. Discuss how things that start out good can still turn into harmful practices. Talk about some examples.
 - e. Paul instructs us how we can be sure we are "set free" by walking through the fruit of the Spirit in **verses 22-26**. What fruit are you working on cultivating in your life this week?

HUDDLE [Making It Personal and Praying Together – in Huddles]

3. Is there an area of your life you are simply tired of trying to be free in? How can your huddle support you in continuing the fight for freedom? Pray together to be set free.

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