



Week 1: *Depression, Anxiety, & Community*
Week 2: *Schizophrenia and the Role of Family*
Week 3: *Wholistic Living, with Danielle Strickland*

Week 4: Q & A with Nina Cavey & Matt Kerr

APPETIZER: We Are Not Done Here

- **Nina Cavey** is a mental health nurse who also a professor at McMaster University in Hamilton.
- **Matt Kerr** is a clinical psychologist who supports adults with Schizophrenia as well as those with histories of complex trauma in a mental health centre and in private practice in Ottawa.

(For more on Mental Health with Matt & Nina, review the last teaching in the series “Deliver Us From Evil” on our web site.)

DINE IN: Questions

1. How do I discern the voice of God when my mind is broken?
2. How can we tell the difference between satanic attack and mental illness?

1 Corinthians 6:18; 10:14; 1 Timothy 6:6-11; 2 Timothy 2:22
VS
James 4:7; Ephesians 4:3

3. How can we practically care for people with serious mental illness?
Proximity → Eversion
@ The Meeting House...
Home Church → Huddles → Leadership → Referral → Partnership
4. What is the role of accountability for sin when people with mental illness cause harm to others?
5. How open should I be about my mental illness? How do I know how much to share?

TAKE OUT: The Power of a New Covenant Community

Matthew 26:26-39

**“The days are coming,” declares the Lord,
“when I will make a new covenant
with the people of Israel
and with the people of Judah.
It will not be like the covenant
I made with their ancestors....**

**“This is the covenant I will make with the people of Israel
after that time,” declares the Lord.**

**“I will put my law in their minds
and write it on their hearts....**

**“For I will forgive their wickedness
and will remember their sins no more.”
(Jeremiah 31:31-34)**

Thanks to Nina and Matt for sharing with us this week!

Home Church Questions

HANGOUT [Warming Up to the Topic – in one Large Group]

1. After thinking back over Sunday's teaching and this entire series, talk about what most stood out to you, new thoughts, lessons learned, or lingering questions.

HEAR [Listening to God through Scripture – in Discussion Groups]

2. Read **Matthew 26:1-44**.
 - a. Which point in this passage spoke to you the most? How did it affect you?
 - b. Reflect back over the entire passage. Where do you see the weakness of Jesus? What does this tell you about Jesus, and about ourselves?
 - c. In **verse 18** we are told clearly that this is a "Passover" meal. What did the original Passover commemorate? How is that connected with this last supper with Jesus?
 - d. Notice that Jesus self identifies as "the Teacher" in **verse 18**. The Christian Church has regularly related to Jesus as our "Saviour" primarily. Why is seeing Jesus also as our *teacher* so important?
 - e. Jesus takes his disciples with him to pray, then takes a sub-group of three with him further. Are there lessons in this for us?
 - f. What lessons can we learn about prayer from Jesus' prayer about the cup of suffering?

HUDDLE [Making it Personal and Praying Together – in Huddles]

3. Use your Huddle Questions to talk and pray together.